

# The 'Show Stopper' Sextuplet Chop

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## Video Lesson Summary

### 1. The 'Show Stopper' Sextuplet Chop – Demonstration

The image displays musical notation for a drum lesson. It consists of three staves. The top staff is in 4/4 time and shows a sequence of four measures, each containing a sextuplet of eighth notes. The first measure starts with a circled 'X' above the first note. The second and third staves show the rhythmic pattern for each of the four measures, with a '6' above each sextuplet. The notes are marked with 'L' for left and 'R' for right. The first staff has a circled 'X' above the first note of the first measure. The second staff has a circled 'X' above the last note of the last measure. The third staff has a circled 'X' above the last note of the last measure.

## Breaking It Down – Sextuplet Phrases

I have broken the chop/fill down into four manageable two beat sextuplet phrases. It is much easier to learn each phrase individually rather than tackle the whole two bars as one exercise.

Practise Phrases 1-4 individually and gradually increase the tempo.

### Phrase 1

Musical notation for Phrase 1 in 2/4 time. It consists of two measures. The first measure contains a sextuplet of six eighth notes with an accent on the first note. The second measure contains a sextuplet of six eighth notes with an accent on the first note. The notes are: L, R, R, L, R, L in the first measure and R, L, L, R, R, L in the second measure.

### Phrase 2

Musical notation for Phrase 2 in 2/4 time. It consists of two measures. The first measure contains a sextuplet of six eighth notes with an accent on the first note. The second measure contains a sextuplet of six eighth notes with an accent on the first note. The notes are: L, R, R, L, R, L in the first measure and R, L, L, R, R, L in the second measure.

### Phrase 3

Musical notation for Phrase 3 in 2/4 time. It consists of two measures. The first measure contains a sextuplet of six eighth notes with an accent on the first note. The second measure contains a sextuplet of six eighth notes with an accent on the first note. The notes are: L, R, R, L, R, L in the first measure and R, L, L, R, R, L in the second measure.

### Phrase 4

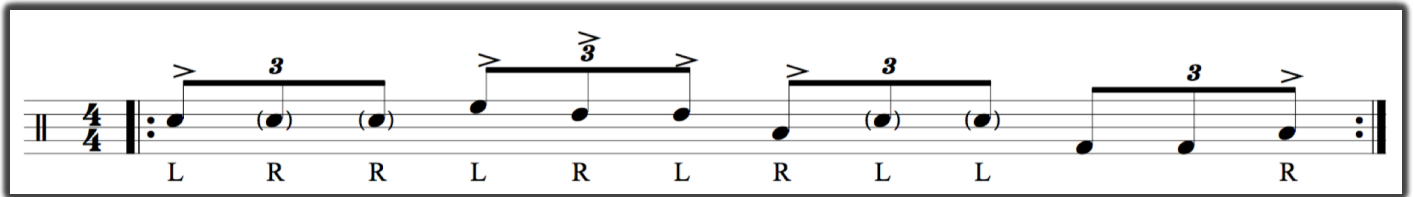
Musical notation for Phrase 4 in 2/4 time. It consists of two measures. The first measure contains a sextuplet of six eighth notes with an accent on the first note. The second measure contains a sextuplet of six eighth notes with an accent on the first note. The notes are: R, L, L, R, R, L in the first measure and R, L, L, R, R, L in the second measure.

**Tip:** When practising the phrases, intentionally over-exaggerate the dynamics. E.g. Play the accents at shoulder height and keep the ghost notes under 5cm.

## Breaking It Down – Triplet Phrases

I have further converted the two beat sextuplet phrases into one bar triplet phrases. I have done this for convenience sake as many of my students have expressed that they find these exercises easier to count and practise as triplets.

### Phrase 1



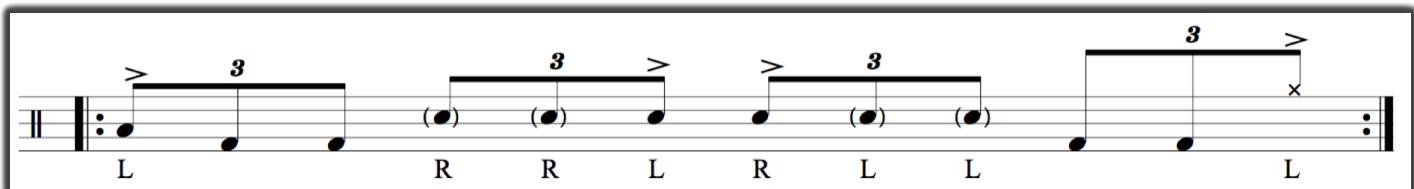
Musical notation for Phrase 1 in 4/4 time. The notation shows a single bar with a repeat sign at the beginning and end. The rhythm consists of four triplet groups of eighth notes. The first triplet starts with an accent (>) and is followed by a quarter rest. The second triplet starts with an accent (>) and is followed by a quarter rest. The third triplet starts with an accent (>) and is followed by a quarter rest. The fourth triplet starts with an accent (>) and is followed by a quarter rest. The notes are: L, R, R; L, R, L; R, L, L; R.

### Phrase 2



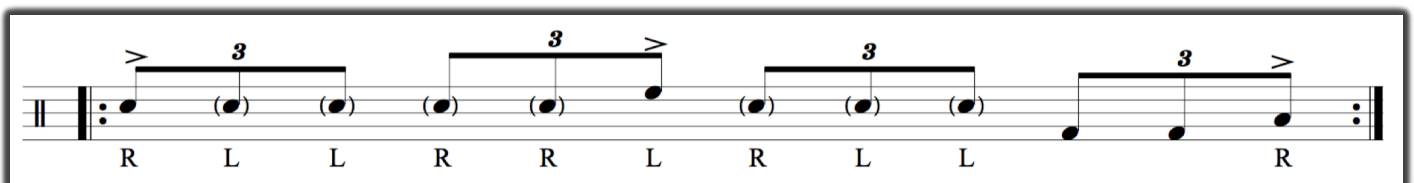
Musical notation for Phrase 2 in 4/4 time. The notation shows a single bar with a repeat sign at the beginning and end. The rhythm consists of four triplet groups of eighth notes. The first triplet starts with an accent (>) and is followed by a quarter rest. The second triplet starts with an accent (>) and is followed by a quarter rest. The third triplet starts with an accent (>) and is followed by a quarter rest. The fourth triplet starts with an accent (>) and is followed by a quarter rest. The notes are: L; R, R, L; R, L, L; R.

### Phrase 3



Musical notation for Phrase 3 in 4/4 time. The notation shows a single bar with a repeat sign at the beginning and end. The rhythm consists of four triplet groups of eighth notes. The first triplet starts with an accent (>) and is followed by a quarter rest. The second triplet starts with an accent (>) and is followed by a quarter rest. The third triplet starts with an accent (>) and is followed by a quarter rest. The fourth triplet starts with an accent (>) and is followed by a quarter rest. The notes are: L; R, R, L; R, L, L; L.

### Phrases 4



Musical notation for Phrases 4 in 4/4 time. The notation shows a single bar with a repeat sign at the beginning and end. The rhythm consists of four triplet groups of eighth notes. The first triplet starts with an accent (>) and is followed by a quarter rest. The second triplet starts with an accent (>) and is followed by a quarter rest. The third triplet starts with an accent (>) and is followed by a quarter rest. The fourth triplet starts with an accent (>) and is followed by a quarter rest. The notes are: R, L, L; R, R, L; R, L, L; R.

## 2. Breaking It Down - Phrasing Exercise

Phrases 1-4 have been placed into a phrasing exercise. I have intentionally inserted a one bar rest in between phrases to make the transitions easier.

Start @ 70 BPM and gradually speed it up!

The image shows a phrasing exercise for drums in 4/4 time, consisting of four staves. Each staff contains a sequence of eighth notes with triplet markings and foot pedal symbols. The first staff has a 4/4 time signature and a repeat sign. The notes are: L, R, R, L, R, L, R, L, L, R. The second staff has notes: L, R, R, L, R, L, L, R. The third staff has notes: L, R, R, L, R, L, L, L. The fourth staff has notes: R, L, L, R, R, L, R, L, L, R. Each staff ends with a one-bar rest marked with a circled X and 'x3'.

When you are comfortable playing the phrasing exercise, move on to the combination exercises.

### 3. Putting It Together I- Triplet Combination Exercise

Combine Phrases 1-4 into an exercise focusing on developing smooth transitions between each phrase.

Musical notation for the Triplet Combination Exercise in 4/4 time. The exercise consists of two lines of music. The first line has four measures, and the second line has four measures. Each measure contains a triplet of eighth notes. The drum notation below the notes indicates the sequence of strokes: L R R L R L R L L, R L, R R L R L L, and R. The second line continues with L, R R L R L L, L, R L L R R L R L L, and R.

### 4. Putting It Together II – Sextuplet Combination Exercise

Here is the chop/fill back in its original form as sextuplets. Get comfortable linking the phrases together as sextuplets and move on to the Fill Applications.

Musical notation for the Sextuplet Combination Exercise in 4/4 time. The exercise consists of two lines of music. The first line has four measures, and the second line has four measures. Each measure contains a sextuplet of eighth notes. The drum notation below the notes indicates the sequence of strokes: L R R L R L R L L, R L, R R L R L L, and R. The second line continues with L, R R L R L L, L, R L L R R L R L L, and R.

### 5. Fill Applications – Phrases 1-4 (2 Beat Fills)

Play Phrases 1-4 as two beat fills taking care to create a smooth transition back into the groove.

#### Phrase 1

L R R L R L R L L R

#### Phrase 2

L R R L R L L R

#### Phrase 3

L R R L R L L L

#### Phrase 4

R L L R R L R L L R

## 6. Fill Applications II – Phrases 1-4 (1 Bar Fills)

Combine Phrases 1 + 2 and 3 + 4 into one bar fills. Improve a groove and apply the phrases to a variety of musical contexts.

### Phrases 1+2

L R R L R L R L L R L R R L R L L R

### Phrases 3+4

L R R L R L L L R L L R R L R L L R

## 7. The Finished Product – Demonstration

Put it all together and speed it up!

L R R L R L R L L R L R R L R L L R

L R R L R L L L R L L R R L R L L R